

## Live Views from the International Space Station

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Live video from the International Space Station includes internal views when the crew is on-duty and Earth views at other times. The video is accompanied by audio of conversations between the crew and Mission Control.

Since the station orbits the Earth once every 90 minutes, it experiences a sunrise or a sunset about every 45 minutes. When the station is in darkness, external camera video may appear black, but can sometimes provide spectacular views of lightning or city lights below.



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